## Introductions with reactivity

Distraction: (Management). You are stuck until they go by, so you shorten the leash (without tightening it, if possible), Stand between your dog and the trigger, and drop treats on the ground, away from the trigger.

Stop and wait: You want to avoid getting too close. Do a Slow Stop and wait for your dog to notice the trigger. Say "yes" as soon as he sees the trigger, jog away into a driveway, and then stop to play tug or do puppy push-ups as the trigger passes by. (this is a tough one because the trigger is still moving)

Follow the trigger: As soon as your dog sees the trigger, you say "yes", walk into a driveway, and treat. You wait a bit and then follow the trigger down the sidewalk, from a safe distance. As you're walking, he looks at the trigger, then looks away. You say "yes" for the look away, then pivot and walk away from the trigger.

Walk it out: Keep walking towards the "trigger" along the sidewalk. As you're walking, the dog looks at the "trigger" and then looks away. Mark that choice by saying, "Yes" and take a step off to the side so that you're arcing around the "trigger" (slight increase in distance/decrease in stress as the functional reinforcer)

Meet and Greet: Follow your dog to the "trigger" and allow your dog to greet the "trigger", after 3 seconds. You say "Yes, let's go" and continue your walk, telling your dog he's fabulously brave. Distraction: (Management)You see the trigger first, and you know your dog will react immediately. You do an Emergency U-turn to get out of there and feed your dog a treat for coming with you.

Look, Move, Treat: Your dog looks up and notices the trigger as you are walking. Say "yes" as soon as he sees the trigger, then say, "let's go" and jog in the opposite direction, and feed treats.

Stop, Look then Wait: Do a Slow Stop and wait for your dog to notice the Trigger and then look at you. Say "yes" as soon as he looks at you, jog away into a driveway, and then stop to play tug or do puppy push-ups. (this is a tough one because the trigger is still walking perpendicular to you instead of right at you)

Voluntary Sniffing: Walk your dog a little off the sidewalk and wait for the "trigger" to pass by. Your dog looks at the "trigger", then sniffs the ground. Wait until she's done sniffing and then Mark that choice by saying "yes", and praise as you jog away from the "trigger".

Meet and Greet: Follow your dog to the "trigger" and allow your dog to greet the "trigger". After 3 seconds of sniffing, you step back to see if the dog wants more. Your dog looks away from the "trigger" and walks away. You follow your dog.

Unleashed Private Dog Training
<a href="https://www.unleashedwithaulilovoi.com/">https://www.unleashedwithaulilovoi.com/</a>
Behavior Adjustment Training 2.0 by: Grisha Stewart, M.A., CPDT-KA

Distraction: (Management) You must keep going, for some reason, so you feed your dog a non-stop series of treats as you pass by.

Look, Move, "Find it": Your dog looks up and notices the trigger as you approach. Say "yes" as soon as he sees the trigger, walk away, and tell him to "find it" with several treats tossed on the ground.

Stop and wave: Your dog has calm body language on the approach, and you stop, so you stop saying" hi". Your dog looks at the child and then looks away, so you say "yes", walk away, and give your dog a treat, Praising him for massive bravery.

Sniff and Scat: Walk your dog a little off the sidewalk and wait for the "trigger" to pass by. Your dog looks at the "trigger", and then sniffs the ground. Wait until she's done sniffing and then Mark that choice by saying "yes", and praise as you jog away from the "trigger" and then give your dog a treat.

Meet and Greet: Follow your dog to the "trigger" and allow your dog to greet the "trigger". After 3 seconds of sniffing, you step back to see if the dog wants more. Your dog continues to engage with "trigger". You take another break, your dog walks away

