



Boundaries

Creating Boundaries Inside and Outside House

1. Stock your pockets with treats, and your dog on a 6ft leash.
2. Step across the threshold Do not call your dog to cross wait for them to follow.
3. When your dog follows you turn and step towards your dog while saying "back".

Note: your dog may try and step around you just take a step back and get back in front of your dog stepping towards them again.

4. Keep stepping towards them while they back up until they are outside of the thresholds you set.
5. Mark with a "yes" and a treat reward once they are outside of the threshold. Practice several times until they stop following you.

Adding distractions: Once you can walk across the threshold without your dog following you. Start throwing toys into the threshold and repeat steps 4-5 if they cross.



Creating boundaries at the door

1. Stock your pockets with treats and your dog on a 6ft leash.
2. With your dog in a sit far enough away from the door so that you can open it, slowly open the door.
3. As soon as your dog stands close the door.
4. Put the dog back into a sit.
5. Repeat steps 3-5 until your dog can sit with the door wide open for 10 seconds.
6. Once your dog can sit with an open door for 10 seconds, move on to walking outside without your dog.
7. Once the dog can sit patiently with you outside the house go back to your dog and mark with a "yes" reward the dog by letting them outside.