

## **Boundaries**

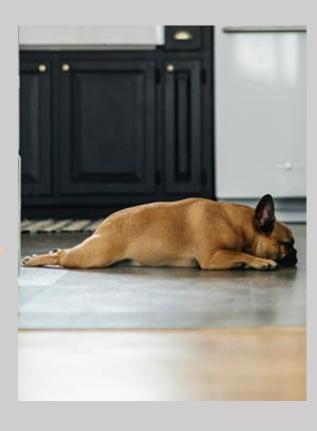
## Creating Boundaries Inside and Outside House

- 1. Stock your pockets with treats, and your dog on a 6ft leash.
- 2. Step across the threshold Do not call your dog to cross wait for them to follow.
- 3. When your dog follows you turn and step towards your dog while saying "back".

Note: your dog may try and step around you just take a step back and get back in front of your dog stepping towards them again.

- 4. Keep stepping towards them while they back up until they are outside of the thresholds you set.
- Mark with a "yes" and a treat reward once they are outside of the threshold. Practice several times until they stop following you.

Adding distractions: Once you can walk across the threshold without your dog following you. Start throwing toys into the threshold and repeat steps 4-5 if they cross.





## Creating boundaries at the doo

- 1. Stock your pockets with treats and your dog on a 6ft leash.
- 2. With your dog in a sit far enough away from the door so that you can open it, slowly open the door.
- 3. As soon as your dog stands close the door.
- 4. Put the dog back into a sit.
- 5. Repeat steps 3-5 until your dog can sit with the door wide open for 10 seconds.
- 6. Once your dog can sit with an open door for 10 seconds, move on to walking outside without your dog.
- 7. Once the dog can sit patiently with you outside the house go back to your dog and mark with a "yes" reward the dog by letting them outside.