

Human Food for Dogs



Pet Poison Helpline: (855)764-7661

Animal Poison Hotline: (888)232-8870

ASPCA Poison Control: (888)426-4435

Meats & Fish

NOT SAFE:

- Fatty/ Junk Food
- Cooked Bones



IN SMALL AMOUNTS:

- Fat Trimming
- **SAFE:** Lean Beef, Lamb, Pork, Chicken or Turkey
- Tuna or Salmon
- Eggs
- Broth (low sodium)
- Raw Bones (size matters)



Nuts, Sweets & Spices

NOT SAFE:

- Salty Foods
- Sugary Food
- Artificial Sweeteners: Aspartame or Xylitol (Frequently found in peanut butter)
- Chocolate (calculator ↓ <https://www.merckvetmanual.com>)
- Nutmeg
- Nuts: Macadamia
- Gum
- Candy



IN SMALL AMOUNTS:

- Honey
- Oils: Olive, Coconut, Flax

SAFE:

- Seeds: Pumpkin, Sunflower, Chia.
- Nuts: (Ground)
- Peanut, Almond, and Sunflower butter



Fruits

NOT SAFE:

- Grapes
- Currants
- Rhubarb
- Citrus Rinds
- Fruit Pits



IN SMALL AMOUNTS:

- All fruits due to the high sugar

SAFE:

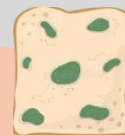
- Avocado (pit and skin removed)
- Apples
- Bananas
- Melons
- Whole Kiwi
- Fruit Only: (No Pits or Rinds)
- Cooked Pumpkin
- Pineapple
- Pear
- Berries
- Citrus



Starches & Grains

NOT SAFE:

- Yeast Dough
- Moldy Bread or Food
- Homemade play or salt Dough
- Popcorn Kernels (Choking Hazards)



IN SMALL AMOUNTS:

- Rice
- Whole Grain Bread

SAFE:

- Potatoes/Sweet Potatoes (cooked)
- Grains: Oatmeal, Polenta (cooked)
- Popcorn or Cooked Corn



Vegetables

NOT SAFE:

- Onions
- Leeks

SAFE:

- Mushrooms (Cooked White Button)
- Tomatoes
- Garlic (less than one clover per kg.)
- Green Beans
- Carrots
- Celery
- Asparagus
- Broccoli
- Zucchini/Squash
- Peas



Dairy

NOT SAFE:

- Ice Cream



IN SMALL AMOUNTS:

- Whipped Cream
- Cheese
- Cottage Cheese
- Milk, Cream, Half and Half

SAFE:

- Butter
- Greek Yogurt



Drinks

NOT SAFE:

- Alcohol (beer, wine, Liquor)
- Soda
- Caffeine (energy Drinks, Coffee & tea)



SAFE:

- Water
- Coconut Water (unsweetened)

